## **Kitchener Forklift Training Course**

Kitchener Forklift Training Course - CSA and OSHA establish criteria for forklift safety training that meets existing regulations and standards. Anyone planning to utilize a forklift is required to successfully complete safety training prior to utilizing whatever type of forklift. The accredited Forklift Operator Training Program is meant to offer trainees with the practical skills and knowledge to become an operator of a forklift.

Vehicle and Mobile Equipment safety rules that apply to forklift operation include pre-shift inspections, and regulations for lifting and loading.

Prior to a shift starting, an inspection checklist should be done and submitted to the Instructor or Supervisor. If whatever maintenance issue is discovered, the machinery must not be used until the problem is addressed. To indicate the equipment is out of order, the keys have to be removed from the ignition and a warning tag placed in a visible spot.

Safety regulations for loading will comprise checking the load rating capacity on the forklift to determine how much the machine could handle. When starting the equipment, the forks should be in the down position. Don't forget that there is a loss of about 100 pounds carrying capacity for every one inch further away from the carriage that the load is carried.

Lifting must start with the driver moving to a stopped position roughly three inches from the load. The mast should then be leveled until it has reached a right angle with the load. Lift the forks to an inch underneath the slot on the pallet and drive forward. Next lift forks four inches. Tilt back the load to be able to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk in order to alert other workers. Do not allow forks to drag on the ground.

The load must be loaded by the forklift in such a way that ensures the load is secure and would not create a danger to other people or objects. Restraining loads is required for materials which may shift during transport and destabilize the forklift.

Drums could be strapped together so as to avoid movement and shifting of the drums. Forklift operators should drive slowly when lifting liquids, to reduce instability in the forklift.