

## Kitchener Forklift Training Program

Kitchener Forklift Training Program - The forklift is a common powered industrial vehicle that is in wide use nowadays. They are sometimes known as lift trucks, jitneys or hi los. A departments store will make use of the forklift to load and unload merchandise, whereas warehouses would utilize them to be able to stack products and materials. And grocery stores use small models to drop stock in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, forklift operators should be trained correctly and licensed. The main concern should be on worker and pedestrian safety. This lift truck training course teaches the health and safety regulations governing forklifts to be able to ensure their safe and efficient utilization.

Forklift Training Program Safety Guidelines:

Forklift training courses are meant to ensure that the operator can safely control the forklift throughout lifting, tilting and traveling. Only qualified operators must drive a forklift.

When the forklift is in operation; head, arms, hands, legs and feet must be kept in the forklift. Lift truck forks must be kept low to the ground while being slightly tilted back. Observe posted traffic signs. Honk the horn and lessen speed when taking a corner. If the driver's vision is blocked by the load, slowly drive backwards. Pre-check the ground for possible hazards, such as wet or oily spots, objects, holes, rough patches, people and vehicles. Avoid sudden stops.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the path is clear. If a load is being transported on an incline, the forks must be pointed uphill with a load and downhill without a load. The forklift must only be turned around if on level ground.

Safety tips when steering - If traveling at good speeds, never turn the steering wheel sharply. Support the load making use of the front wheels and turn making use of the back wheels. A truck which is overloaded would be difficult to steer. Adhere to load restrictions. Do not add a counterweight in order to improve steering.

Safety tips while loading - The forklift's recommended load capacities should be followed; the information can be found on the data plate. Always ensure that the load is placed according to the recommended load centre. The forklift will remain stable as long as the load is kept near the front wheels.

Before inserting the forks into the pallet, the mast of the forklift should be in an upright position. Level the forks before inserting them.