

## **Kitchener Forklift Training School**

Kitchener Forklift Training School - Forklift Training School And Its Benefits - OSHA and CSA establish criteria for forklift safety training that meets current standards and regulations. Anyone intending to use a forklift is required to successfully complete safety training prior to making use of whichever type of forklift. The accredited Forklift Operator Training Program is intended to offer those training with the knowledge and practical skills to become a forklift operator.

Mobile Equipment and Vehicle safety regulations that apply to forklift operation involve pre-shift inspections, and rules for loading and lifting.

Prior to a shift starting, an inspection checklist must be done and given to the Supervisor or Instructor. If whichever maintenance problem is discovered, the machine must not be utilized until the problem is addressed. To indicate the machine is out of service, the keys must be removed from the ignition and a warning tag placed in a spot which is seen.

Safety rules for loading will consist of checking the load rating capacity on the forklift to know how much the equipment can handle. When starting the equipment, the forks should be in the downward position. Bear in mind that there is a loss of approximately 100 pounds carrying capacity for every one inch further away from the carriage that the load is carried.

Lifting should start with the driver moving to a stopped position approximately three inches away from the load. The mast should then be leveled until it has reached a right angle with the load. Raise the forks to an inch under the slot on the pallet and drive forward. Afterward lift forks four inches. Tilt back the load to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk in order to alert other staff. Never allow forks to drag on the ground.